

# CONTOUR LIGHT VERSUS COOL SCULPTING

WHICH IS BEST FOR YOU?

## COOL SCULPTING

## CONTOUR LIGHT

### HOW IT WORKS

CoolSculpting delivers controlled cooling to effectively target fat cells underneath the skin, which are crystalized (frozen), then die. Over time, your body naturally processes the fat and eliminates these dead cells.

Contour Light uses 6 large body pads and a facial mask placed directly on the fatty areas resistant to diet and exercise. The wavelength opens the fat cells allowing fat to exit the cell, where it will be processed and eliminated.

### RESULTS

It takes approximately 3 months to see results as the dead cells take this long to be flushed from your system.

Gives immediate results after the first visit. Our clients have lost up to 6 inches on their first visit!

### SIDE EFFECTS

Damages tissue and typically causes bruising.

No known side effects.

### PAIN

Treatment can be painful and pain can last up to three months as fat cells die.

Treatment is painless and relaxing.

### RESULTS

Kills off fat cells and removes them. As you consume fat in the future, the fat will search for other fat cells to load up.

Liquefies fat, shrinks fat cells, and speeds up metabolism. One 20-min. treatment = seven 20-min. cardio workouts.

### COST

Ranges from \$700 - \$3000 per treatment with 2-3 treatments needed.

Ranges from \$100 - \$150 per treatment with 8-24 treatments needed depending on specific goals.

### HEALTH BENEFITS

No known cardiovascular or other health benefits

Improves nitric oxide production, thyroid function, cardiovascular health, increases energy, improves mental clarity, provides acne and arthritis pain relief

### ADDITIONAL TREATMENT AREAS

Will treat a double chin but not designed for treatment of face and neck.

Has a specifically designed facial mask to allow red lights to treat the double chin and targets the face and neck to assist in tightening collagen.

Do you think Contour Light Therapy might be right for you? Call today to schedule a free, no obligation consultation.

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[wellconsulted.com](http://wellconsulted.com)